



# Soccer Biography: Curtis R. Regruit



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## Soccer Administration Credentials

- President, New York State West Youth Soccer Association, 2015-present.
- 1<sup>st</sup> Vice President, New York State West Youth Soccer Association, 2010-2015
- Secretary, New York West Youth Soccer Association (NYSWYSA), 2005-2010
- Division Coordinator, Rochester District Youth Soccer League (RDYSL) U17/U19 Boys, 2005-2006
- President, Penfield Rangers Soccer Club, 2001-2005

## Coaching Qualifications & Certifications:

- United States Soccer Federation (USSF) 'D' License
- USSF Youth Module Certificate

## Coaching Experience:

- Coach, U.S. Olympic Development Program (ODP), 2008-2009
- Coach, Penfield Rangers Soccer Club, 1998-2008
- Coach, youth and adult recreational programs, 1978-1998
  - Penfield Recreation
  - YMCA Youth Program
  - Irondequoit Recreation
  - Kodak Women's Adult League

## Other Qualifications:

- Committee Member, Boy Scout Troop 9, 2005-2006, Penfield, NY
- Former Cubmaster, Cub Scout Pack 9, Penfield, NY
- Boy Scouts of America Youth Protection training

## Coaching Philosophy:

- Ages 5-12
  - Focus on fun and player development over winning.
  - Primary emphasis on technical skill training.
  - Development of instinctive ball control skills are the primary objective using simple, fun, friendly, competitive games that enable practicing techniques and developing good habits.
  - Each player should be challenged at levels according to his/her demonstrated rate of progression to enable success and to build confidence.
  - Introduction of coordinated team play begins at ages 11-12
  - Players should have a self-motivated enthusiasm for the sport.
  - Players are encouraged to be creative and to take chances.
- Ages 13 and up
  - Tactical team play and training become a primary focus, along with coordinated teamwork.
  - Continual work on refining & retaining technical skills.
  - Possession play is paramount.
  - Defensive technique is important at every position.
  - Playing at a high, competitive level, and maintaining composure in pressure situations are important objectives.

## Other Notable Accomplishments and skills

### Administrative & Management

- Reputation as a trustworthy confidant
- Strong relationship builder
- Highly qualified manager
- Constant drive for continuous improvement, learning, and embracing new concepts

### Coaching Accomplishments

- Reputation for strong possession play that demonstrates the beautiful game of soccer.
- Reputation for instilling good sportsmanship in my players.
- Reputation for developing skilled players and competitive teams.
- Reputation for setting an outstanding example for the conduct of my players and staff.